

**EXECUTIVE SUMMARY**  
**Missouri Mental Health Commission Meeting**  
**Department of Mental Health**  
**1706 East Elm Street—Conference Rooms A/B**  
**Jefferson City, MO 65101**

**December 11, 2008**

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**PRESENT**

Phillip McClendon, Chair  
Beth Viviano, Secretary  
Ron Dittimore  
Kathy Carter  
David Vlach, M.D.  
Joann Leykam

**STAFF**

Keith Schafer, Department Director  
Lynn Carter, Deputy Director  
Mark Stringer, Division Director, ADA  
Bernie Simons, Division Director, DD  
Felix Vincenz, CEO, CPS  
Dr. Joe Parks, Division Director, CPS  
Monica Hoy, Director's Office  
Bob Bax, Director's Office  
Diane McFarland, Transformation  
Brent McGinty, Administration  
Jan Heckemeyer, DMH Administration  
Pam Leyhe, Director's Office  
Audrey Hancock, Director's Office  
Cathy Welch, Director's Office  
Leigh Gibson, Consumer Safety  
Benton Goon, MIMH  
John Heskett, Office of Child MH  
Rikki Wright, General Counsel

**GUESTS**

Tec Chapman, Division of DD  
Dottie Mullikin, Office of Transformation  
Jacque Christmas, Investigations  
Rhonda Haake, ITSD  
Vickie Epple, Transformation  
Debbie McBaine, Division of ADA  
Jodi Haupt, Division of ADA  
Angie Stuckenschneider, Division of ADA  
Laurie Epple, Division of ADA  
Sharon Aldrich, Office of Child MH  
Tish Thomas, CPS/DD  
Andrew Selders, CPS  
Judy Finnegan, Office of Child MH  
Liz Hagar-Mace, Housing  
Sandy Wise, Division of DD  
Robin Rust, Division of DD  
Jeff Grosvenor, Division of DD  
Kay Green, Division of DD  
Margy Mangini, Division of DD  
Darla Wilkerson, Division of DD  
Kathleen Featherstone, Division of DD  
Vickie Niederhofer, Division of DD  
Matt Ferguson, Division of DD  
Anita Contreras, Division of DD  
Lisa Turner, Division of DD  
Laine Young-Walker, Division of CPS  
Susan Pritchard-Green, MO PCDD  
Marcy Volner, Rolla Regional Office  
Mary Fischer, Emmaus Homes  
Kay Hawker, Emmaus Homes  
Carol Baer, Emmaus Homes

Molly Boeckmann, OA Budget & Planning  
Martha Davis, Senate Appropriations  
Tim Swinfard, MO CMHC  
Greg Kramer, MARF, St. Louis  
Erica Stephens, MO P & A  
Peg Capo, DD Resource Board  
Joyce Prage, PLB  
Alicia Archer, JCSFP  
Marilyn Nolan, MOANCOR  
Pam Guiling, Senate Appropriations  
Wendy Sullivan, Life Skills

TOPIC/ISSUE	DISCUSSION
<p><b>CALL TO ORDER/ INTRODUCTIONS</b></p> <p><b>APPROVAL OF MINUTES</b></p> <p><b>OPEN DISCUSSION</b></p>	<ul style="list-style-type: none"> <li>• Phillip McClendon called the Missouri Mental Health Commission Meeting to order at 9:45 a.m. on December 11, 2008. The meeting was held at Department of Mental Health, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri. Introductions were made.</li> <li>• Joann Leykam made a motion to approve the Minutes of the November 13, 2008 Mental Health Commission Meeting. David Vlach seconded the motion and the Minutes were approved.</li> <li>• Monica Hoy noted the video of the 2008 Consumer, Family, and Youth Leadership Summit held in November that is available upon request.</li> <li>• Debra Walker with the Office of Public Affairs announced a change in the date of the Mental Health Champions Awards Banquet. It will now be held on April 1, 2009, at the Capitol Plaza Hotel. Debra provided information on sponsorships for the Awards.</li> </ul>
<p><b>DIVISION OF DEVELOPMENTAL DISABILITIES STRATEGIC PLAN</b></p>	<ul style="list-style-type: none"> <li>• Bernie Simons presented the current Division of Developmental Disabilities Strategic Plan and provided the Commissioners with handouts of the complete Plan. He explained some highlights of his vision for the division: <ul style="list-style-type: none"> <li>○ “From Crisis to Prevention” <ul style="list-style-type: none"> <li>▪ System—from Waiting Lists/Emergency to Resource Allocation.</li> <li>▪ Individuals—from Reactive Interventions to Skill-building, engagement, enrichment, improved quality of life.</li> </ul> </li> <li>○ “From Provider Driven to Self-Direction” <ul style="list-style-type: none"> <li>▪ System—from funding providers for “beds” and “slots” to funding directed by the individuals for outcomes.</li> <li>▪ Individuals—from limited number of individuals self-directing to increased number of individuals self-directing their supports and services.</li> </ul> </li> <li>○ “From Custodial Care to Flexible Individualized Supports” <ul style="list-style-type: none"> <li>▪ System—from segregated facility based services to integrated, inclusive community based services.</li> <li>▪ Individuals—from sheltered workshops and day habilitation to competitive and supported jobs in the community.</li> </ul> </li> <li>○ “From Compliance to Outcomes” <ul style="list-style-type: none"> <li>▪ System—from “gotcha” mentality to implementing quality enhancement and outcome measures, provider training and technical assistance, formal recognition of exemplary consumer and provider outcomes.</li> <li>▪ Individuals—from limited feedback from and participation of individuals to individuals satisfaction, continuous feedback.</li> </ul> </li> <li>○ “From Regional Service Delivery to Local Service Delivery” <ul style="list-style-type: none"> <li>▪ System—from state operated service coordination to local service coordination; from limited joint funding by</li> </ul> </li> </ul> </li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p>SB40 and DDD to expanded joint funding by SB40 and DDD.</p> <ul style="list-style-type: none"> <li>▪ Individuals—from rigid and slow to respond to current and emerging needs to more responsive to individual and local needs, and improved consistency, efficiency and accountability of service delivery.</li> <li>○ “Habilitation Centers” <ul style="list-style-type: none"> <li>▪ System—from long-term care to crisis and stabilization; from custodial to active treatment, resource for community contract providers and individuals.</li> <li>▪ Individuals—from segregated to integration and inclusion; from no admissions to short-term to meet acute medical and behavioral needs.</li> </ul> </li> <li>• Discussion was held on the following: <ul style="list-style-type: none"> <li>○ DMH partnership opportunities with the SB 40 Boards.</li> <li>○ Expanding joint funding, planning and decision making.</li> <li>○ SB 40 boards and case management.</li> <li>○ Wait lists as they relate to SB 40 Boards.</li> <li>○ Changing the crisis driven system to prevention.</li> <li>○ Commissioner Leykam expressed that we have the opportunity to work in partnership with the SB 40 boards as we move in the direction of local service delivery.</li> <li>○ Mechanisms that will bring oversight of the fiscal resources of the habilitation centers.</li> </ul> </li> <li>• Bernie introduced Neva Thurston who shared background, accomplishments and challenges of her son Greg, 52, who has a diagnosis of Autism. Greg has received services through the Division of Developmental Disabilities for over ten years and in 2000 was able to move into his own apartment. He also works at the Wolfner Library at the Secretary of State’s Office. Neva thanked all those who work with people with developmental disabilities and expressed her support of self-directed services for the freedom, flexibility, control, and choice it provides her and her son.</li> </ul>
<b>PUBLIC COMMENT</b>	There were no public comments.
<b>CLOSED EXECUTIVE SESSION</b>	Ron Dittmore made a motion that the Mental Health Commission go into Closed Executive Session in accordance with Section 610.021 RSMo, (1) Legal, and (3) Personnel. Kathy Carter seconded and a roll call was taken. The motion unanimously passed.
<b>DIVISION OF DEVELOPMENTAL DISABILITIES STRATEGIC PLAN (continued)</b>	<ul style="list-style-type: none"> <li>• Bernie introduced Peg Capo, Executive Director of the Developmental Disabilities Resource Board in St. Charles County. She spoke on county board agreements in general and case management in St. Charles County, and provided a handout detailing their targets, milestones, and results in their FY 08 End of Year Report. She gave an update on their partnerships and case management program. She expressed appreciation for the efforts of DMH to bridge the gap with the county boards.</li> </ul>

TOPIC/ISSUE	DISCUSSION
	<ul style="list-style-type: none"> <li>• Bernie introduced Wendy Sullivan, Life Skills of St. Louis, who spoke on Quality Assurance. She shared that she believes the single most important way in which to improve quality of life for people with disabilities is to promote national accreditation for community providers. It requires organizations to develop systems and infrastructure that will ensure legal and regulatory compliance, effective governance and oversight by the board of directors, fiscal viability, and continuous quality improvement. She gave examples of outcomes measures at Life Skills and offered areas in which the Division of DD could help support providers. Discussion was held on the accreditation and certification process and oversight.</li> </ul>
<b>COMMITTEE REPORTS</b>	<ul style="list-style-type: none"> <li>• Kathy Carter reported on the Budget Development Committee and provided a handout that highlighted: <ul style="list-style-type: none"> <li>○ The estimated budget shortfall for fiscal year 2009 <ul style="list-style-type: none"> <li>▪ A General Revenue deficit of \$342 million is estimated due to the economic recession.</li> <li>▪ Governor-elect Nixon announced steps to address the budget shortfall.</li> <li>▪ Additional guidance will be forthcoming on targets for FY 09 withholdings.</li> </ul> </li> <li>○ The outlook for next fiscal year: Senate and House Request for fiscal year 2010 <ul style="list-style-type: none"> <li>▪ A number of factors will impact the FY 10 budget deficit, such as FY 09 withholds, FY 10 economic growth, potential federal stimulus, state revenue enhancements.</li> <li>▪ The Senate and House instructed each state department to develop 15%, 20% and 25% GR core cut scenarios.</li> <li>▪ DMH response to the Senate and House request is due December 22.</li> <li>▪ DMH is in the process of forming response to the request.</li> </ul> </li> </ul> </li> <li>• Beth Viviano reported on the Children and Adolescent Committee. <ul style="list-style-type: none"> <li>○ They discussed the possible alternative plans for the Trauma Initiative Budget Item, given the predicted budget deficit in 2009 and 2010.</li> <li>○ John Heskett is working on collaboration with other state departments.</li> <li>○ They are looking at ways in which to increase Medicaid funding in the children's system.</li> </ul> </li> <li>• Felix Vincenz reported on the Community Transition Committee. <ul style="list-style-type: none"> <li>○ Felix gave an update on the Incompetent to Stand Trial (IST) legislation. It calls for individuals who have been committed to the DMH for restoration of competence to be returned to a jail setting for their legal charges to be disposed of, when their treatment team has determined they are ready. There is companion legislation that will require a court hearing within 30 days of that return. DMH will also provide 30 days of medication. Dr. Parks, Keith Schafer, and Bob Bax will schedule meetings with legislators to discuss sponsorship of this legislation.</li> </ul> </li> </ul>
<b>FUTURE MEETINGS</b>	<p>The next Mental Health Commission Meeting is scheduled for January 8, 2009 at Department of Mental Health in Jefferson City.</p>

TOPIC/ISSUE	DISCUSSION
ADJOURN	<p>Ron Dittmore made a motion that the meeting adjourn. David Vlach seconded the motion. The Mental Health Commission adjourned at 2:30 p.m.</p> <hr/> <p>Phillip McClendon, Chair</p>